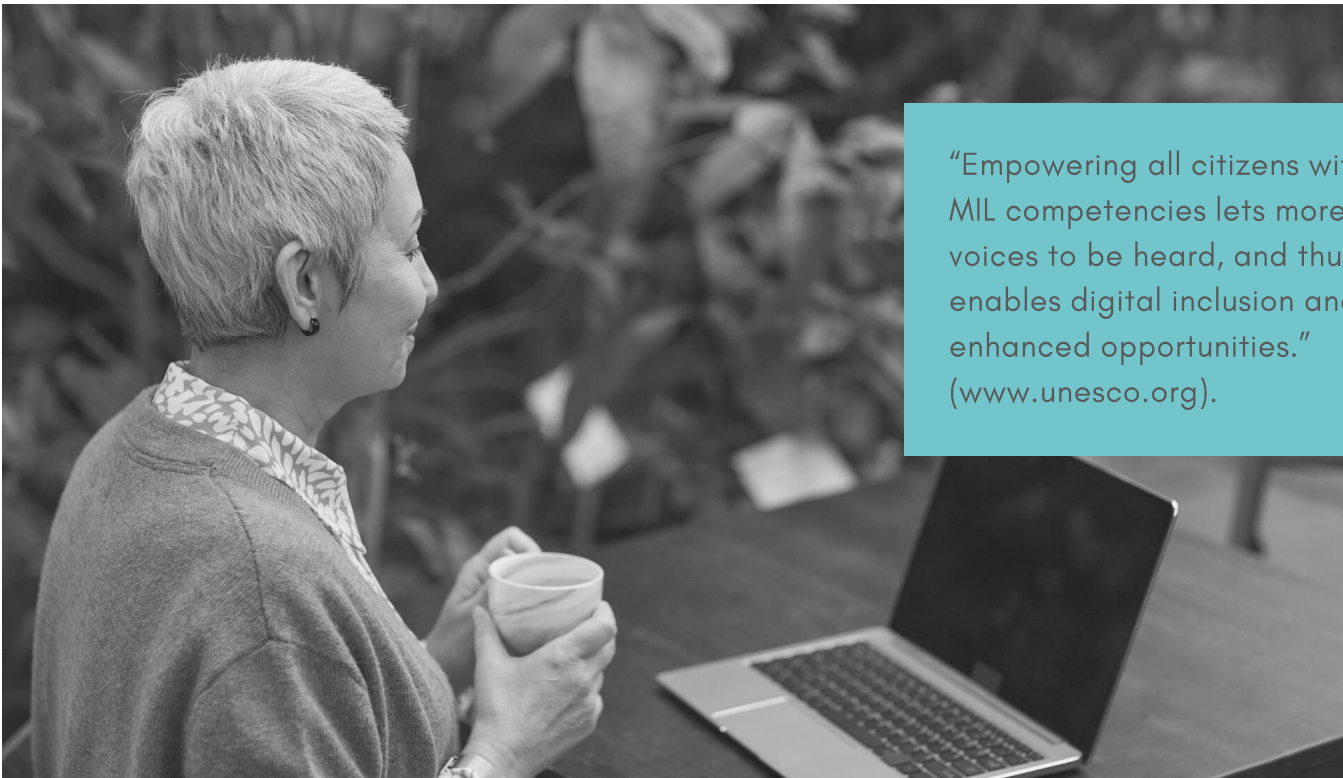




# MEDIA AND INFORMATION LITERACY AND DIGITAL COMPETENCES ENHANCEMENT FOR ACTIVE AGEING

## MILEAGE

Newsletter #1 May 2022



“Empowering all citizens with MIL competencies lets more voices to be heard, and thus enables digital inclusion and enhanced opportunities.”  
([www.unesco.org](http://www.unesco.org)).

## WHY THIS PROJECT

A recent study pointed out that senior citizens are increasingly getting marginalized due to their digital illiteracy. All Europeans need digital skills to study, work, communicate, access online public services and find trustworthy information. Whereas people will have to work longer on average, also older adults will have to obtain those skills in order to engage in many social and civic related duties. Not to mention, in the area of health care, more health appointments, services and products are migrating online, as many of us have experienced during the pandemic. Together with a reliable mobile network, learning digital skills is crucial for seniors if they want to take advantage of developing tech solutions, many of which will improve seniors' quality of life.



# PROJECT OVERVIEW

[mileageproject.eu/](https://mileageproject.eu/)

[facebook.com/mileageproject](https://facebook.com/mileageproject)

The project tackle the digital divide and address the urgent necessity for seniors' citizens to develop digital skills, while fostering their participation to civic and cultural EU life.

The activities proposed to the senior citizens will have a learning-by-doing approach using games, simulations and interactive materials to offer a safe environment to learn new skills, increase their abilities and fortify their competences. The project will contribute in helping them in becoming more independent and autonomous.



The project will add a digital perspective to the procedure of 'active ageing' also provide seniors with the essential skills to live better in the 21st century.

# PROJECT STATUS

The project is divided in 4 activities  
ANALYSIS, DEVELOPMENT, TRAINING,  
SHARING.

The partners are now studying the actual barriers and risks associated with main social media and other digital online tools. The aim is allow partners to learn more about the risks and dangers associated with them specifically. Then each issue or risk is analyzed and a solution to overcome it is offered, listing also the competences needed / activated in doing so. The report will be ready by Summer 2022.

**Kick off meeting, Paris, FR**  
**Thursday, February 10th 2022**



The project started in January 2022. In February 2022, the partners met in Paris, to plan the project's activities and to have a clear picture on the project's implementation. The meeting was organized in a hybrid way, to allow partners that could not travel to attend and be part of the discussion.